



CONTACTS WITH FAMILY AND FRIENDS

Oaklands is more than just a relaxed home to its residents, it's a therapeutic haven.

We have enabled this by taking an holistic approach to your welfare and care. This means that we take into account and respect every aspect of your life. Should you wish it, we help maintain links with family and friends by;

- Recognising the importance of family and friends and welcoming their participation and involvement in daily routines and activities.
- Providing a quiet and private visiting area.
- Having a relaxed visiting policy that is tailored to your person centered plan.
- Involving them in the care planning process according to your requests.
- Helping to foster friendships inside the home and to provide advocate facilities when the need is indicated.
- Recognising and respecting cultural differences and practices, and endeavouring to understand and facilitate them.



HOW TO CONTACT US

Please contact the Manager,

Samantha Blocksidge

Tel **01934 616344**

Fax **01934 616440**

For more information visit our website at:

www.oaklandswsm.co.uk

Oaklands Care

26 Severn Road • Weston-super-Mare • BS23 1PT

Supporting your pathway to recovery

www.oaklandswsm.co.uk

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Oaklands



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WELCOME TO OAKLANDS

Oaklands is a beautifully refurbished ten bedded Victorian house close to the seafront in Weston-super-Mare. A wide range of local shops, cafes and facilities are on the doorstep and the bus stop is outside. The town centre, train station and the college are within easy walking distance.

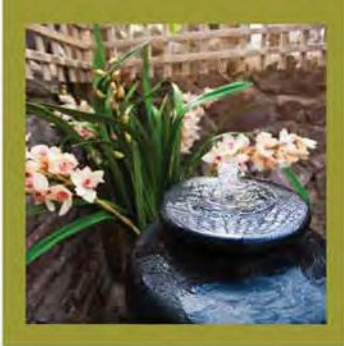
Weston is easily accessible from the M5 motorway and is a 20 minute drive from Bristol airport.

THE STAFF TEAM

Our staff team is trained to provide the individual care and support you might require.

The home provides qualified Mental Health Nurses and skilled support workers day and night who are trained to care for a diverse range of illnesses with dignity and respect.

All our staff are friendly and approachable, willing to listen and converse with you, your family or friends whilst maintaining your privacy. They are committed to providing the highest standard of quality care in a relaxed environment.



ACCOMMODATION AND FACILITIES

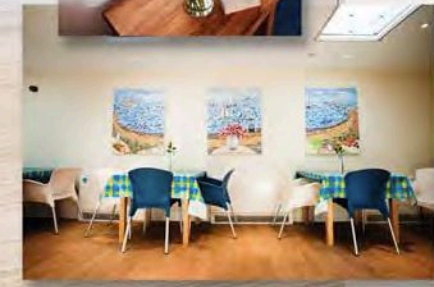
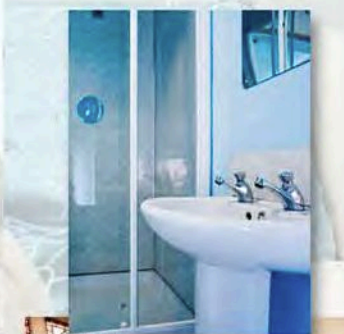
- Ensuite rooms
- Flat screen, free-sat TV
- Telephone points in bedrooms
- Wireless internet
- Comfortable lounge
- Games room with Wii
- Therapy room
- Private meeting room
- Patio and smoking area

SUPPORTING YOUR PATHWAY TO RECOVERY

At Oaklands, our philosophy is to encourage you to work as part of our team, to be listened to and be strongly involved in the shaping of our service. We understand that you have a great deal of knowledge and experience to share.

We will encourage you to own and take control of your mental health with the help of Counselling, Education, Alternative Therapies and Life Skills Training. We will involve you with outside agencies and services and promote necessary therapeutic medication maintenance.

Our aim is to provide you with fulfillment and a good quality of life with hope for the future and less chance of relapse.



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